# SKIN CLEARING PROTOCOL



# SKIN CLEARING TREATMENT

This acne clearing solution is designed to treat and calm existing blemishes while preventing future flare ups. Exfoliate, brighten and refine the complexion with a pomegranate hybrid peel, and purify the skin with a clay based treatment designed to balance excess oil.

# PROTOCOL:

Instruct the client to fill out the Skin Health Intake Form. Complete skin health consultation and have the client choose an aromatherapy blend.

Balance/Refresh/Stress Remedy/Relax/Zen/Bliss.

#### AROMATHERAPY | MIND + BODY

Gently rub hands together to create warmth and prana. Dispense Vahati Herb Infused Healing Oil into hands with 1 drop of chosen essential oil and blend together. Place hands a few inches above the client's face and have them take 3 deep breaths. Slowly move your hands and transition into hand placement with thumbs at the crown chakra (MP 1). Gently press and hold. Drape client's hair to begin.

#### INITIAL CLEANSE

Apply Purify Botanic Cleansing Oil to an esthetic wipe to remove any eye makeup. Dispense Purify Botanic Cleansing Oil to dry palms and massage onto the face, neck and decollete for approximately 1 minute. Add a touch of water to emulsify the product. Using effleurage cleansing movements, cleanse for 1-3 minutes. Drape a warm towel around the face and remove remaining product. Perform a skin assessment.

# **SECOND CLEANSE**

Dispense Clarify Cleansing Gel into hands and cleanse the face and neck. To finish your cleansing sequence, gently press at the outer corners of the eye (MP 10) with your ring finger. Drape a warm towel around the face and remove product.

### TONE

Mist esthetic 4x4s with FloraEssence Peel Prep and gently wipe across the face and neck.

#### **EXFOLIATION**

Option 1: With the Green Envee Fan Brush, apply Pomegranate Refining Peel to the face and neck. Check in with the client on their comfort level and let them know it is not uncommon to feel slight tingling with this product. Remove peel with a tepid towel after

4 - 10 minutes depending on the client's skin sensitivity. Neutralize the peel by dampening

a 4x4 with FloraEssence pH Neutralizer and wiping the face and neck to deactivate enzymes and AHAs. Repeat the neutralizer step if necessary.

Option 2: For younger clients and/or clients with sensitive skin choose Rejuvenate Brightening Peel. Apply to the face and neck with a Green Envee Fan Brush. Leave on for 5-10 minutes with or without steam. Remove with a tepid towel.

#### PROTOCOL INFORMATION:

SUGGESTED PRICE RANGE (USD):

LENGTH OF TREATMENT

\$120-\$150

1-1.25 HR

#### PRODUCTS + SUPPLIES NEEDED:

- + VAHATI HERB INFUSED HEALING OIL
- + CHOSEN EO BLEND
- + PURIFY BOTANIC CLEANSING OIL
- + CLARIFY CLEANSING GEL
- + BRIGHT FACIAL MIST
- + REJUVENATE BRIGHTENING PEEL (OPTIONAL)
- + POMEGRANATE REFINING PEEL
- + FLORAESSENCE PEEL PREP
- + FLORAESSENCE PH NEUTRALIZER
- + FIRM COLLAGEN GEL MASQUE (OPTIONAL)
- + CLEAR COMPLEXION HEALING MASQUE
- + POTENT C SUPERFOOD MASQUE (OPTIONAL)
- + CLEAR REPAIR SERUM
- + REVITALIZE EYE GEL
- + BALANCE CHARCOAL MOISTURIZER
- + REHYDRATE LIP ENHANCING BALM
- + CLEAR QUARTZ ROLLERS OR CRYO GLOBES
- + GREEN ENVEE MASQUE BRUSH
- + GREEN ENVEE FAN BRUSH



# THE SKINGS

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# **EXTRACTIONS**

Prep the skin for extractions.

Option 1: Apply FloraEssence pH Neutralizer to areas that are to be extracted by pouring FloraEssence pH Neutralizer into a small bowl and applying with the GE Masque Brush. Leave on for 1-5 minutes and remove with a damp 4x4 before beginning the extraction process.

Option 2: Perform a massage with the Firm Collagen Gel Masque to ensure the skin is properly hydrated before beginning extractions.

Use an ultrasonic scrubber to gently extract areas that need cleansing. Follow with manual extractions if needed. Use the FloraEssence Peel Prep Mist or Bright Facial Mist to tone the skin post extractions.

#### RETAIL SUGGESTIONS

- + CLARIFY CLEANSING GEL
- + BRIGHT MIST
- + CLEAR REPAIR SERUM
- + CLEAR COMPLEXION HEALING MASQUE
- + BALANCE CHARCOAL MOISTURIZER
- + PUMPKIN ENZYME PEEL

# LYMPHATIC DRAINAGE

Blend together 1 teaspoon of Vahati Herb Infused Healing Oil with one drop of chosen essential oil. Gently massage onto the face and neck. Relax, Refresh and Balance EO Blends are all great choices for blemish prone skin. Perform the lymphatic drainage massage sequence.\* After the massage, drape a warm towel over the face and neck and remove the remaining product.

\* Please refer to Green Envee University for Lymphatic Drainage Massage Course.

Option to use Firm Collagen Gel Masque as your massage medium. Use one of our mists to create more slip as you massage with Firm.

#### MASQUE

In a small bowl mix 1 part Clear Complexion Healing Masque with 2 parts of purified water or one of our mists to create a creamy clay consistency. If the mixture is too dry, you can spritz a small amount of Hydrate or Bright Mist into your mixing bowl until you reach the desired texture. Apply an even layer to the face. Leave on for up to 10 minutes. Remove with a warm towel.

### **CUSTOMIZATION:**

Mix a heaping teaspoon of Clear Complexion Healing Masque with a tablespoon of Potent C Superfood to add brightening benefits.

Mix approximately 2 teaspoons of Clear Complexion with 1 tablespoon of Firm Collagen Gel Masque to add hydration.

#### OPTIONAL LED

Cover the eyes with protective eyewear and utilize Blue Light LED therapy.

#### **TREAT**

Mist the face with Bright Facial Mist and apply 4-6 drops of Clear Repair Serum and massage into the skin.

# CRYO GLOBES

Apply chilled globes to the face and work up and out in the direction of the lymph flow.

Option to use 2 Clear Quartz Facial Rollers. Work your tools across the face paying attention to areas of redness.

#### **EYE TREATMENT**

With gentle pressure apply Revitalize Eye Gel to the eye area finishing at MP 10, the outer corner of the eye. Gently press + hold.



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# **HYDRATE**

Apply Balance Charcoal Moisturizer for oily skin or Protect Antioxidant Moisturizer for combination/normal skin. Finish with gentle pressure on MP 1

#### SPF

Apply your choice of physical/mineral based SPF to protect the skin.

# LIP TREATMENT

With an applicator dispense a small amount of Rehydrate Lip Enhancing Balm to the lips.

# POST TREATMENT + RECOMMENDATION

Advise client to get up slowly and offer a glass of fruit infused water or tea after treatment. Couple this professional treatment with the proper home care regimen for the ultimate acne-clearing solution.

- + Avoid makeup application post treatment.
- + Send clients home with proper home care recommendations.
- + Avoid direct sun exposure.
- + No strenuous exercise and excessive heat for 24 hours.
- + Apply physical/mineral based SPF daily.